***Complete Workout - Use Case***

### ***Goal***

A *Customer* completes a customized workout.

### ***Pre-Condit*i*ons***

The *Customer* has created a workout.

### ***Flow of Events***

#### Basic Flow – *Customer* enters workout information and completes the workout.

1. This use case begins when the *Customer* tells the system to complete a workout that has been created.
2. The *system* presents the *Customer* with the workout exercises.
3. The *Customer* enters their workout information, in set/reps/weight for strength exercises, or time/distance for cardio exercises, then submits the data.
4. The *system* stores the data.
5. The Use Case ends.

### ***Additional Detail***

* The *Customer* is required to enter all fields (see complete workout Data Definition)

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### ***Special Requirements***

* N/A

### ***Post-Conditions***

* The *Customer’s* workout has been saved by the system and is now present in the *Customer’s* Workout History.

### ***Analyst Notes***

* N/A